

INfoodSECT

INnovative functional FOOD products and ingredients from inSECTs

The project aims to develop a multidisciplinary model to foster insect acceptance and consumption as alternative new ingredients intended for foods that could contribute to boost a sustainable food production and the development of added-value, healthy foods. Two insects, *Tenebrio molitor* (yellow meal worm) and *Acheta domesticus* (house cricket), recently approved for human consumption by the EU, have been identified for their growing role at national and international level. The project is based on a comprehensive experimental design that, in sequence, will study i) the chemical, physical, microbial, safety and technological properties of commercial insect powders and lactic acid fermented commercial insect powders from the two selected insects; ii) the development and the analysis (chemical, technological, bioactive capacities after in-vitro digestion, starch digestibility and predicted glycaemic index) of two types of products with enhanced nutritional and qualitative properties, i.e. leavened salted crispbread and unleavened sweet biscuits; iii) the application of conventional and innovative processes to isolate protein fractions from insects and to modify their structures, enhancing their bioactive and functional properties. The project will be implemented by a Response Surface Methodology approach to optimize raw material exploitation, new ingredient structuring and high-added value products, and will be completed by sensory testing to monitor the acceptability of the new foods enriched with insect powder, as well as shelf-life trials to assess their susceptibility to insect attack. Lastly, the evaluation of the health and nutritional value of the ingredients will be assessed with in vitro approaches for future food applications. The envisaged new high-added value foods are “source of protein” or “high-protein” bakery products, whose demand is expected to increase in the next years, due to trend of more sustainable diets. The 2-years project activities are organized in five Work Packages (WPs) that will be carried out by the Research Units of three universities (Milan, Padua and Florence). The methodological approach is characterized by the interplay of different applied food-related expertise (biochemistry, chemistry, entomology, microbiology and technology) in a multidisciplinary environment. Overall the INfoodSECT project will generate new knowledge and test methodological approaches to valorise insects that will positively impact the selected processing chains and, in a wider perspective, improve the resilience of agro-food chains, by addressing the food-related targets of the Sustainable Development Goals of

United Nations and by contributing to the Food 2030 EU's research and innovation policy to transform food systems. The project is expected to have a social and economic impact and to support Italian food industry, boosting sustainability and innovation.

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